

## Spinach Salad with Blueberries and Walnuts

This refreshing salad is loaded with nutrition and great flavors!



Prep time: 10 minutes

Servings: 4

### Ingredients

- Large bunch of fresh baby spinach - stems removed
- Fresh blueberries - approx. 1 cup
- Chopped walnuts - 1/2 cup or more if desired
- Olive oil - 1/4 cup
- Balsamic vinegar - 3 tablespoons or more if desired
- Salt and pepper - optional

Directions:

Wash spinach, remove stems and place in large serving bowl. Add blueberries and walnuts. Drizzle olive oil and balsamic vinegar separately onto salad immediately before serving.

To make it a meal, add a boiled egg or some smoked salmon.